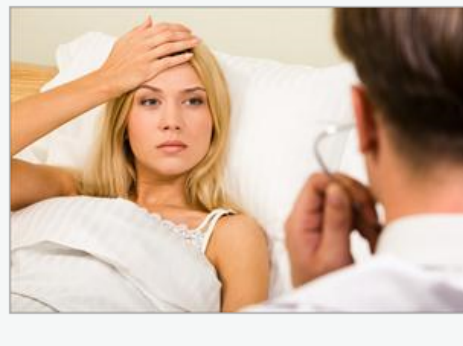


# Hemorrhoids Thrombosis: Non-surgical Treatments from Vein Specialists in San Antonio and Kerville

Varicose veins, spider veins and hemorrhoids are common vein-related diseases that require timely medical attention. Both surgical and non-surgical treatment options are available for these problems. When you are looking for a vein specialist in San Antonio and Kerville areas, it may be a good idea to choose a seasoned specialist who offers conservative, non-surgical solutions. These alternative treatments may cost only a small fraction of what you may well spend on a surgery at the hospital. The best part is that the non-surgical remedies are generally covered by the majority of insurance plans and Medicare.



- Sitz baths in warm water are also known to have a soothing effect.
- You simply need to do it for at least seven to ten minutes at a time.
- A repetition, of this cure is said to not only provide hemorrhoid alleviation, but also speed up the recovery process.

Hemorrhoids can be upsetting and distressing, especially if you allow them to go untreated. These are very common, however, and in many cases are considered a normal part of aging. If you suffer from itching, bleeding or some other signs of irritated veins, it's a good idea to speak to your doctor right away. He or she can help you find the right remedy for your circumstances and symptoms. You could feel a lot better in just a short time. Don't wait and allow your hemorrhoids to become much more uncomfortable or produce unpleasant side effects. Deal with the problem as soon as you think you might have it.

## With Laser Hair Removal, Most of the Treated Varicose Veins Will Not Re-Appear

However, in chronic conditions new blue veins may appear, but they are likely to be much less severe after the treatment. Minor follow-up treatments can help the patient to keep the issue under check in the long run. Another important non-surgical treatment that an experienced vein specialist in San Antonio as well as Kerville may offer is Sclerotherapy. This procedure is ideally applicable in order to search engine spider veins, and involves the use of very fine needles that are injected directly into the veins. A sclerosing solution is administered to the diseased veins that gradually dries up the problematic veins and makes them go away. This procedure is repeated three to five times for best results, and development is visible within three to six months.

Here are just some generally acceptable hemorrhoid pain relief remedy that almost everyone can try and use. Take note that in ordinary cases hemorrhoids do naturally heal on their own, you can definitely your own symptoms usually do not remedy itself on its own, then here are some techniques you can test out with regard to size.

## Natural and Home Remedies Regarding Hemorrhoids are Also Available

For instance, some people apply witch hazel in order to the problem area to relieve discomfort. People choose to soak in a warm bath for 10 to 15 minutes two to three times every day. Using moist towelettes instead of dry toilet paper can help in some situations. In some cases, cold compresses and ice packs can help relieve the swelling. These treatments work best for relatively mild hemorrhoids, but they can be a big help for those who cannot get to a doctor right away.

Hemorrhoids can be very painful, as anyone who has ever experienced them can verify. While dietary changes are the best way to cure the problem, external hemorrhoid treatment is usually necessary to alleviate inflammation, itchiness, and pain associated with hemorrhoids. While many over the counter items offer some relief, there are much less expensive and more effective home remedies that can provide instant results without messy creams or ointments.

## Complications of Hemorrhoids

Some people with piles symptoms eventually develop more serious problems when their hemorrhoids go untreated. These types of aren't very common, but can include anemia from internal hemorrhoids that bleed heavily, as well as strangulation. Strangulated hemorrhoids occur when an inside hemorrhoid manages to lose its blood supply, leading to severe pain and finally gangrene. It's important to have a strangulated hemorrhoid treated at once.

- Helena is the editor with a Hemocyl website.
- You can see a detailed list of piles symptoms included in Helena's most recent Hemocyl Review.
- Almost everyone knows that hemorrhoids are painful and uncomfortable, but a surprisingly small number of people actually know much about them.
- This uncomfortable problem can even go for long periods without treatment because patients do not understand what is happening to their bodies.
- While treating hemorrhoids is actually fairly simple, deciding to go to the doctor can be a much more difficult situation.
- The method gets easier if you know more about the body and how hemorrhoids affect it, however.
- Here's a look at what hemorrhoids are, that they produce and what can be done to make them easier to deal with.
- An experienced vein specialist in San Antonio and Kerville areas may also offer non-surgical treatment regarding hemorrhoids.
- One of the most recent procedures, which is minimally invasive and painless, is known as Hemorrhoidolysis.
- In this procedure a device is used to pass micro-current to the bottom of the hemorrhoid.
- This leads to a chemical reaction that helps to be able to dissolve the diseased veins gently.
- The hemorrhoids gradually often wilt and eventually recede.
- The therapy is combined with topical and medications for more effective results.

## People With External Hemorrhoids, a Swelling May Appear Around the Anal Sphincter

This may also be surprising and alarming to people who do not know what it is. These lumps might be mistaken for tumors, abscesses or other problems. If the lump interferes with the natural muscles around this area, this may cause waste in order to accidentally leak out of the rectum, which may be embarrassing. In some cases, external hemorrhoids may be pushed out of the body during a bowel movement, causing what is called a prolapsed hemorrhoid. These are especially likely to become unpleasant. If you suffer from any of these problems, it's a good idea to see a doctor for help.

## Preventing Hemorrhoids

People who will not yet suffer from the discomfort of hemorrhoids have some options in order to decrease the risk of this problem developing in the future. It's important to eat a diet high in fiber that will reduce the risk of constipation. Additionally it is a good idea to avoid straining during a bowel movement. Increased pressure on the veins raises the risk of irritation afterwards. You should also avoid sitting on the toilet for long periods of time.

So it pains, it itches and it is a literal pain in the butt, but, what is a hemorrhoid? Hemorrhoids in lay man's phrases are simply inundated blood vessels that happen in the anal region. The usual reason for their particular development is over exertion or pushing whilst defecating, which leads to the pressure that causes the veins in order to swell. Other than the strain are human activities such as excessive biking, too much weight lifting, pregnancy and giving birth to name a few. Constipation may also be a cause, given the strain one has in order to have to generate during the occurrence of such a disorder. The simple act of sitting on the toilet for prolong periods may also bring about the situation. No matter what the cause is, the pain will surely be very much present.

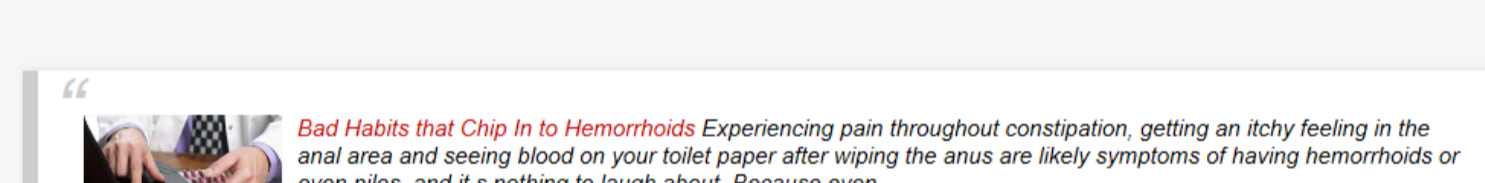
- Different strokes for different folks", and the same hold even with those us battling who are afflicted by a problem of bulging rectal blood vessels.
- What then are effective hemorrhoids pain reliefs that everyone can surely apply to help alleviate the pain they will feel?

Hemorrhoid pain relief is frequently created complex because one patients need may differ from the other regardless the fact that they will suffer from the same condition. As the saying goes,

Will show you a method Cures Hemorrhoids Safely in 48 Hours, Already PROVEN By Thousands To possess Eliminated Pain & Embarrassment For Good ... "Are you sick of constricting your diet or work - seeking relief? Plus, all of the other "management" burdens of this in your everyday life? Get more information at Hemorrhoid Cure Nature's Way.

*For outside hemorrhoids, this make reference to swelling veins found outside the rectum, a straightforward solution for the discomfort would be to acquire the actual creams, ointments and pads available over the counter in most pharmacies.*

Diagnosis The process of diagnosing hemorrhoids is normally fairly straightforward. The doctor will look at the affected area and might use a gloved hand in order to gently check for swelling and other uncommon changes in the body. In some cases, a lighted scope may be used to perform a visual examination. People who have piles symptoms and are over the age of 50 may also have some other tests performed to eliminate the risk of difficulties such as rectal or colon cancer.



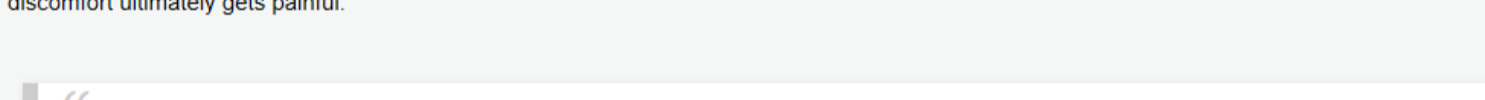
*Bad Habits that Chip In to Hemorrhoids Experiencing pain throughout constipation, getting an itchy feeling in the anal area and seeing blood on your toilet paper after wiping the anus are likely symptoms of having hemorrhoids or even piles, and it's nothing to laugh about. Because even...*

## Perhaps the Best Immediate Treatment is to Produce a Cranberry Poultice

This is made by blending cranberries in a mixer. Wrap the resulting powder in a piece of cheesecloth and apply to the area for about one hour. A great remedy is to mix equal parts germanium oil and almond oil, both of which can be found at organic or holistic foods stores, and applying the mixture to the area. This combination kills germs, preventing infection, and also helps pass stool more gently, reducing the pressure on the area.

## Common Piles Symptoms

Many people who have hemorrhoids don't even know that they have them. One of the most common signs that someone is suffering from this condition is painless bleeding when they have a bowel movement. The bright red blood vessels in the toilet bowl or even on the tissue may seem alarming, yet it doesn't actually indicate a problem. You might also have irritation or itching around your own anus. In many people, this particular discomfort ultimately gets painful.



*"To remain from getting hemorrhoids, make sure you drink lots of fluids and use the bathroom as soon as you feel the need to have a bowel movement. "Holding it" can result in greater problems later on. Regular exercise and moving around at the office can also be a big help. Long periods of sitting or standing can result in pressure problems that lead to irritation later on.*

One of the most dependable and cost-effective options to surgery is Endovenous Ablation. This action involves shipping of laser dietary fiber or foam based medication directly into the actual unhealthy veins through a slender needle. The medication helps to contract the vein and close the blood flow, which is transferred to a surrounding healthy vein. The closed vein eventually vanishes and gets absorbed by the body. This procedure helps to increase the blood flow to the heart, and also gets rid of the unsightly spider veins with little distress and almost no downtime.

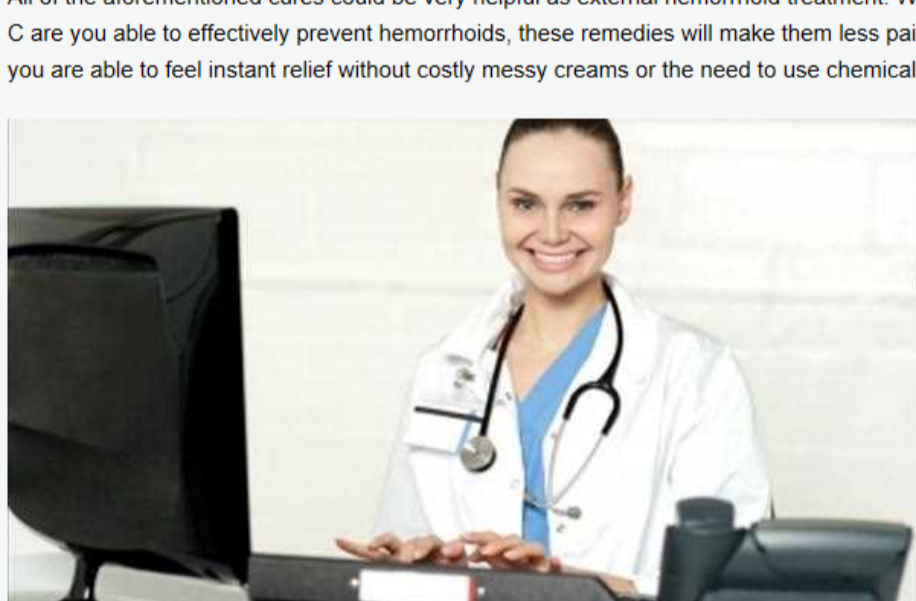
## Hemorrhoids Treatment

While hemorrhoids can be upsetting and confusing for many people, treating them is actually relatively straightforward. Doctors have many different options to help patients feel much better. Some hemorrhoid treatments include over the counter medications to relieve pain and itching, as well as removal of the hemorrhoid. Doctors may choose to relieve piles symptoms by giving you a suppository, pad or creams if you suffer from mild discomfort only. In case your hemorrhoids trigger much more significant problems, they might use a rubber band, chemical injection or laser technique to cause the hemorrhoid to fall off. In more serious cases, the hemorrhoid might be surgically removed or stapled.

## Some Hemorrhoids are Internal, and Develop Inside the Rear End

Other people develop under the skin just around the anus and are considered outside hemorrhoids. About half of people will have to deal with these types of unpleasant inflamed veins by the time they reach the age of 50, and many people do not understand that developing hemorrhoids is actually quite regular. Fortunately, there are many different ways to deal with both the symptoms of hemorrhoids and the inflammation itself.

All of the aforementioned cures could be very helpful as external hemorrhoid treatment. While only by means of increasing water, fiber, and vitamin C are you able to effectively prevent hemorrhoids, these remedies will make them less painful and uncomfortable. Thanks to naturopathic medicine, you are able to feel instant relief without costly messy creams or the need to use chemicals.



Hemorrhoids Thrombosis

Dr. Martin Franklin will be a number one Vein Specialist San Antonio Kerville areas. As an experienced, board certified specialist, Dr. Franklin offers advanced non-surgical treatments regarding varicose veins, spider veins as well as hemorrhoids. He aims to supply painfree, conservative and affordable alternatives to complex surgeries. Find out more information at <http://www.texasveins.com/index.html>.

## What is a Hemorrhoid?

Hemorrhoids are also known as piles, and also take the form of small growths or bumps in the anus and the lower part of the rectum. Although they may seem like polyps or other extra tissue, these are actually a normal part of the body. A hemorrhoid is actually a vein that helps with elimination. When you become constipated or as well as stress to cause a bowel motion or when a pregnancy puts more pressure on these veins, they can become inflamed and painful or itches. This strain causes the hemorrhoid to swell up substantially. It can even begin to bleed, producing bright red marks on toilet paper or perhaps in toilet bowl water.

- Cold compresses are also very helpful in toning down this.
- It may even help to contract the hemorrhoids size.
- Of course, there are a few that you can try to do yourself and find out the effects of.
- Non-surgical, there can never be a substitute for actual treatment that will bring permanent healing for a hemorrhoids.

Non-surgical treatments can effectively remove unattractive and painful varicose veins, spider veins and haemorrhoids. Apart from the cost advantage, these treatments involve minimum pain and discomfort for the patient. Furthermore, the recovery is much faster and the patient can go back to work soon. Timely intervention from a vein specialist in San Antonio and Kerville areas can help to protect normal blood flow and prevent the condition from worsening in to a serious debilitating disease.

- Have you ever experienced having a swelling and bulging circulation system inside your anus?
- Particularly your rectum?
- If you have then you are one of the millions in the world who have or have had a hemorrhoid.
- It means that you also aware of the pain, itching, using up sensation and around all discomfort this kind of a good ailment cause.
- And again which also means that you are probably looking for the most surefire hemorrhoids remedy available.
- If your answers to all the questions are yes, then I suggest that you read on.

## Risk Factors

People who suffer from chronic constipation or diarrhea associated with illness or intestinal disorders are at a higher risk for hemorrhoids, as are obese people, who may have problems with normal going number 2. Pregnancy greatly increases the risk of this problem, since the changes that occur while carrying a baby put a lot of pressure on the lower intestines. People who engage in anal intercourse are also somewhat more likely to have hemorrhoids than people who will not, because of the increased potential for irritation. Your chances of suffering from this issue improve if anyone in your family has had hemorrhoids. Additionally they go up as you age, since the tissues responsible for supporting the veins become weaker over time.

## Very Simple External Hemorrhoid Treatment is Ice

Putting a cold shrink on the area will quickly work to reduce inflammation and pain. A chilly shower can have the same result. A cotton compress in order to which you have applied witch hazel or capsaicin can have a numbing effect while also reducing blood flow to the area, decreasing inflammation and bleeding.

- Duplex ultrasound is an additional non-surgical method used for precise delivery of strong treatment directly into the deeper spider veins.
- The ultrasound helps to spot the underlying diseased veins that are causing spider veins on the upper coating of the skin.
- The medications or sclerosing solutions that are used in such treatments should be FDA-approved and have a proven effectiveness.
- Hemorrhoid Pain Relief with venapro review website.
- Read about venapro at my Hemorrhoid Pain relief review site.

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