

# How Long Do Hemorrhoids Last? - How to Get rid of them Quicker

**T**here are four distinctive stages of grades of [hemorrhoid](#) development. Depending on which stage you have reached will depend on how long your [hemorrhoids](#) will last.

## The First or the Very Least Severe Stage is Pointing to of Blood on the Stool

There is rarely any pain felt and often people who are in this stage will not even know that they have hemorrhoids or [piles](#) as they are sometimes called. If you do discover blood in your stool and believe that you have piles, then just a small change in your diet will cure the problem. This should consider no more than a day or two.



The second stage is a little more severe and is symptomatic of a prolapse becoming prevalent when your [bowels](#) are under pressure. A prolapse normally protrudes from the body during times of pressure, such as when sneezing, coughing or have a bowel movement. The prolapse re-enters the body by itself one the pressure is released. A change in diet will help. There are a variety of foods that will help your body to overcome this ailment faster and there are foods that you should avoid currently. Recovery may take four to six days with the correct diet.



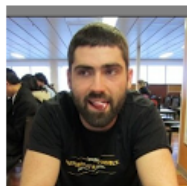
HemorrhoidsHemorrhoidPilesBowel

- The third stage is actually when the prolapse does not re-enter the body after pressure is not longer exerted and required manual manipulation.
- A drastic change in diet is needed and there are also topical ointments that will help to relieve the discomfort.
- The most upsetting feature of this stage is the discomfort and blood that often accompanies it.
- Treatment may take a few days to show results and you can expect to be on the road to recovery within two weeks.

Finally, there is stage four, the most severe where the prolapse does not and cannot end up being manipulated back into the body. During this period it is important to seek medical health advice. Surgery may be required. There are a variety of different methods that can be undertaken, however to be able to ensure there are no complications, it is important to seek medical advice immediately.

- Hemorrhoids can be very frightening for anyone suffering from them.
- You don't have to feel embarrassed about this condition if you know what you need to do.
- Treating hemorrhoids is not difficult, but it does require a bit of time on your part.

Will show you an easy method Cures Hemorrhoids Safely in 48 Hours, Already Proven By Hundreds To Have Removed Pain & Embarrassment For good ..."Are you sick and tired of constricting your daily diet or even work - hoping for relief? Plus, the many other "management" burdens of this on your each day life? Click Here For Hemorrhoid Cure Nature's Way.



“ **Hilton Marsh**

*Hilton is a marketer at weddeldirect.com, a web site about health, lifestyle and fitness. Last year, Hilton worked as a consultant for a health company. When he's not researching content, Hilton enjoys backpacking and rock climbing.*

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