

# Hemorrhoids Treatment Basics

**A**lso commonly known as "piles", **hemorrhoids** are the swollen veins that can be found around the anus and rectal areas. These **hemorrhoids** can either be internal or external and their causes are not exactly known yet, even by the very best experts.

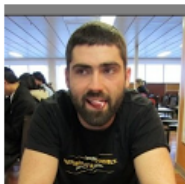
- The thing about hemorrhoids is that it can be very annoying to have.
- In many instances, having hemorrhoids can cause an individual to see itchiness on a regular basis.
- Also, during bowels, pains also occur, as these enlarged veins get stressed during the process.
- This is why getting a **hemorrhoid treatment** is important in case you are afflicted with this kind of disorder.
- Since no one would want to live with this kind of hassle, treating it ought to be a major necessity.

And as all healing process go, you must first be able to get diagnosed of hemorrhoids before actually doing something. The common symptoms for the detection of hemorrhoids include blood spots on the feces or even on the toilet paper after wiping, having a soft lump in close proximity to or perhaps directly beside the actual anal starting, and incomplete **bowel** movements. So, if any of these occurs to you, you might already have hemorrhoids.

What you need to do now, except of course from getting checked by a doctor or a specialist, is to find a good hemorrhoids remedy. Don't be concerned too much, though, about this part as you won't really need to look far and wide just to find a way in order to cure the ailment because a lot of hemorrhoids cure are now available in the market.

- You can choose from different topical and oral medications that can work with your circumstance.
- Herbal medicines can also be effective hemorrhoids treatment.

Just always keep in mind, though, that seeing a physician first before anything else should always be your number one move, especially when rectal bleeding is involved. Also, keep in mind that hemorrhoids can also just be a symptom of another condition, so always take this condition seriously to protect yourself from any kind of harmful consequences.



“ **Hilton Marsh**

*Hilton is a marketer at [weddedirect.com](http://weddedirect.com), a web site about health, lifestyle and fitness. Last year, Hilton worked as a consultant for a health company. When he's not researching content, Hilton enjoys backpacking and rock climbing.*

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